



## COURSE OUTLINE: EST167 - ADV. SKINCARE II

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Approved: Karen Hudson - Dean

<b>Course Code: Title</b>	EST167: ADVANCED SKIN CARE THEORY II
<b>Program Number: Name</b>	2017: ESTHETICIAN
<b>Department:</b>	ESTHETICIAN
<b>Academic Year:</b>	2025-2026
<b>Course Description:</b>	This course is designed to provide students with in-depth analysis of skin conditions relating to acne, and premature aging and ethnic skin challenges. Emphasis is placed on identifying subjective and objective symptoms prevalent with aging, acneic, and sensitive skin conditions. Students will create a group presentation and demonstrations for the annual Lunch and Learn educational fair.
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	56
<b>Prerequisites:</b>	EST118, EST119
<b>Corequisites:</b>	EST168
<b>This course is a pre-requisite for:</b>	EST208
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>2017 - ESTHETICIAN</b>
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.
	VLO 5 Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment.
	VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.
	VLO 9 Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.
<b>Essential Employability Skills (EES) addressed in this course:</b>	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 5 Use a variety of thinking skills to anticipate and solve problems.
	EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10 Manage the use of time and other resources to complete projects.



EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 50%, D

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

**Other Course Evaluation & Assessment Requirements:**

EST167 AND EST168 ARE CO-REQUISITE COURSES

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Analyze the morphology and treatment concepts for aging, acneic, sensitive skin conditions.	1.1 Knowledge of the structure and composition of the skin. 1.2 Knowledge of advanced ingredient technology with the use of serums and other NatureMed products and make any modifications to treatments related to product ingredients based on health history. 1.3 Knowledge of NatureMed Skincare product line and advanced mask procedures and explain the benefits and effects of ingredients and products. 1.4 Promote the features and benefits of esthetic products and services to assist clients in determining an appropriate skin treatment based on their lifestyle and personal preferences and needs. 1.5 Identify intrinsic and extrinsic factors contribute to aging, acneic and sensitive skin conditions and use this information to educate clients about an appropriate homecare regime based on client needs. 1.6 Identify contraindications to treatments and modify treatments to suit client needs and health history. 1.7 Demonstrate appropriate sanitation and disinfection procedures as outlined by Algoma Public Health. 1.8 Store all supplies, equipment and materials appropriately as outlined by Algoma Public Health. 1.9 Knowledge of safe and proper extraction procedures utilizing proper supplies such as gloves, gauze and astringent to disinfect the areas as well as safe disposal of all supplies.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Organize and present an informative Lunch and Learn presentation for the Sault College community.	2.1 Collaborate as an effective member of a team to reach a common goal. 2.2 Research and organize an informative presentation of one aspect of esthetics which demonstrates health and wellness. 2.3 Educate the community about the Spa at Sault College. 2.4 Create an effective newsletter. 2.5 Create an effective visual display 2.6 Reflect professional verbal and non verbal communication skills.
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Analyze the morphology and treatment concepts for Ethnic Skin.	3.1 Identify ethnic skin types. 3.2 Identify challenges associated with ethnic skin. 3.3 Identify effective treatment concepts for an effective



	<p>maintenance routine.</p> <p>3.4 Identify contraindications associated with their care.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Analyze common skin conditions when conducting a thorough skin assessment.	<p>4.1 Define skin conditions.</p> <p>4.2 Identify common skin conditions.</p> <p>4.3 Differentiate between objective and subjective symptoms.</p> <p>4.4 Differentiate between the three types of dermatitis.</p> <p>4.5 Analyze treatment concepts for challenging skin conditions.</p> <p>4.6 Analyze contraindications to treatments for challenging skin conditions.</p>
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Demonstrate essential employability skills necessary for success in the esthetic industry.	<p>5.1 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>5.2 Manage the use of time and other resources to complete projects.</p> <p>5.3 Take responsibility for ones own actions, decisions, and consequences.</p> <p>5.4 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>5.5 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>5.6 Use a variety of thinking skills to anticipate and solve problems.</p> <p>5.7 Analyze, evaluate, and apply relevant information from a variety of sources.</p>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight
Acne Morphology and Treatment	15%
Aging Skin Morphology and Treatment	20%
Lunch and Learn Group Presentation	20%
Lunch and Learn: Newsletter	15%
Lunch and Learn: Peer Evaluation	15%
Skin Conditions and Ethnic Skin	15%

**Date:**

June 23, 2025

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

